



*Your Freedom...  
Through Expert Biomechanical Care*

## What to expect following an amputation :

1. Your Physician will refer you to an amputee care clinic team who will determine your readiness for a prosthesis. Additional healing or therapy may be necessary to reach this readiness.
2. Once it is determined that you are ready for a prosthesis an Initial Assessment will be booked with A Certified Prosthetist who will review your physical requirements and lifestyle needs to design the most appropriate training prosthesis. The training prosthesis is a device that allows for extensive gait training while you are undergoing wound healing and rapid and extensive changes to the residual limb.
3. A plaster mould of the residual limb will be done and measurements taken that will aid in the with manufacture of the prosthesis. An estimate will be made and sent to all pertinent funding sources.
4. A test fitting appointment will be scheduled in approximately one week. A test prosthesis, made of clear plastic, will be fabricated and fit during this appointment. The test socket will be reviewed for comfort and function and adjustments will be made if necessary. A training prosthesis will be made using
5. A final fitting appointment will be scheduled for one week. During this appointment your training prosthesis will be reviewed for comfort and function, adjusted if needed and dispensed.
6. You will use the training device in a rehabilitation setting and further adjustments may be made as necessary. You will begin to use the device in daily life. During this you will be followed by the care team and once it is determined that use of the "training" prosthesis has been mastered and all accommodations have been completed, you are ready to be fit with your "definitive" prosthesis. The training period lasts approximately 3 to 9 months.
7. Once it has been determined that you are ready for your definitive prosthesis by the amputee care team, an appointment will be made with your Prosthetist.. At this appointment your prosthetist will review your physical requirements and lifestyle needs to design the most appropriate prosthesis. A plaster mould of your residual limb will be made and measurements taken for the manufacture of your definitive prosthesis. An estimate is made and submitted to pertinent funding sources.
8. As with your training device a "test" prosthesis will be fabricated and fit to assess comfort and function. More than one test fitting appointment may be necessary.
9. Once the best possible fit has been attained with the test device the "definitive" prosthesis is fabricated and a fitting appointment is scheduled for approximately one week.
10. The "definitive" prosthesis is fit and any adjustments are made as necessary. You will use the "definitive" prosthesis in the daily life for approximately 2 -4 weeks and return for a follow up appointment where any other adjustments can be completed.

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11. Cosmetic "finishing" of the prosthesis is completed once all final adjustments are made.
12. You will be followed up by the amputee clinic care team at 3 and 12 months.
13. When the initial definitive prosthesis "wears out" or needs to be replaced due to "size" changes the amputee care team will recommend a replacement definitive prosthesis and steps 8 to 12 will be repeated.

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